

1. <b>activo</b>	active	37. <b>seguir una dieta balanceada</b>	to follow a balanced diet (i)
2. <b>¡Ay, por favor!</b>	Oh, please!	38. <b>el uniforme</b>	uniform
3. <b>¡Bravo!</b>	Bravo!	39. <b>¡Uy!</b>	Ugh!
4. <b>el campeonato</b>	championship	40. <b>la Vuelta a Francia</b>	The Tour de France
5. <b>el ciclismo</b>	bicycle racing		
6. <b>la competencia</b>	competition		
7. <b>competir</b>	to compete (i)		
8. <b>conocer</b>	to meet, to know (people/place/familiarity)		
9. <b>la Copa Mundial</b>	The World Cup		
10. <b>¡Dale!</b>	Come on!		
11. <b>el/la deportista</b>	sportsman/woman		
12. <b>Es bueno</b>	It's good		
13. <b>Es importante</b>	It's important		
14. <b>Es necesario</b>	It's necessary		
15. <b>estar empatado</b>	to be tied		
16. <b>ganar</b>	to win		
17. <b>hacer ejercicio</b>	to exercise		
18. <b>los Juegos Olímpicos</b>	The Olympic Games		
19. <b>los Juegos Panamericanos</b>	The Panamerican Games		
20. <b>el jugador/ la jugadora</b>	player		
21. <b>jugar en equipo</b>	to play on a team (ue)		
22. <b>lento</b>	slow		
23. <b>levantar pesas</b>	to lift weights		
24. <b>mantenerse en forma</b>	to stay in shape (ie)		
25. <b>meter un gol</b>	to score a goal		
26. <b>musculoso</b>	muscular		
27. <b>pagar</b>	to pay		
28. <b>el partido</b>	game		
29. <b>la pelota</b>	ball		
30. <b>perder</b>	to lose (ie)		
31. <b>la pista</b>	track		
32. <b>el premio</b>	prize; award		
33. <b>rápido</b>	fast		
34. <b>la red</b>	net		
35. <b>saber</b>	to know (info/how to)		
36. <b>saludable</b>	healthy; healthful		